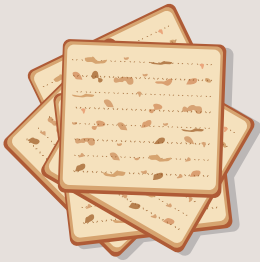


HOW TO PREPARE YOUR **SEDER TABLE:**



MATZAH

This is the iconic symbol of our freedom. After hundreds of years of enslavement, our people left Egypt in haste when the time for redemption came, not even leaving enough time for their bread to rise. Place three pieces of matzah on the table.



MAROR AND HAZERET: BITTER HERBS

You can use lettuce, endives, or horseradish. The maror is eaten to remind us of the harshness and bitterness of our lives as enslaved people in Egypt.



HAROSET

This is a sweet mixture that often contains apples, cinnamon, wine, and nuts—though Jews from different cultures have different traditions regarding the making of haroset. It is symbolic of the mortar that our ancestors used in building pyramids during their enslavement in Egypt.



BEITZAH

A roasted egg symbolizes spring and the possibility of renewal and new life.



ZEROAH

A shank bone (or beets, because it's all symbolic anyway) reminds us of the lambs' blood that we put on our doorposts the night of the final plague before we left Egypt.



KARPAS

Vegetables—either parsley, celery, carrots, or potatoes—are dipped into salt water (Ashkenazi custom) or vinegar (Sephardi custom), symbolizing the tears of our ancestors in bondage.

DON'T FORGET:

Candles • Water for handwashing • A bowl of salt water
Wine or juice (4 cups per person) • An extra cup with wine for Eliyahu (Elijah)